

IDAHO STATE OF THE STATE

Act Early Regional Summit

February 4th and 5th, 2010

Seattle, Washington

Act Early Summit Team

- ▣ Center on Disabilities and Human Development
- ▣ Department of Health and Welfare
 - Medicaid
 - Infant-toddler program
- ▣ Department of Education: Special Education Director
- ▣ Developmental Disabilities Council

Act Early Summit Team

- ▣ Private providers
 - Developmental Disability Agencies
 - Counseling and treatment centers
- ▣ Parents of persons with ASD
- ▣ Public school personnel
- ▣ ASD advocacy and support agencies
- ▣ University faculty

Current State System: Part C

- ▣ Child find and screening
 - ASQ-SE @ 12 and 24 months
 - STAT and M-CHAT
- ▣ Diagnosis and assessment
 - Individually determined by team
 - A-DOS
 - Developmental assessments appropriate for the child (Battelle)
 - Mullen or Bailey Scales

Current State System: Part C

- ▣ Intervention
 - Focus on EBP early intervention all children
 - Coaching, teaming within natural environments
 - Infant/toddler mental health program
 - Secure Beginnings Project
 - ▣ Focus on emotional development for all children
 - ▣ ARRA funds for developing an endorsement through Eastern WA University

Current State System: Part C

- ▣ Personnel Development
 - Secure Beginnings: build core knowledge and skills about the social-emotional health of very young children
 - Eastern Washington University: Child Welfare Training Center, infant/toddler endorsement
 - Association for Infant and Early Mental Health

Current State System: Part C

- ▣ Current collaborations
 - Idaho Parents Unlimited
 - State Department of Education
 - Developmental Disability Agencies and Psychosocial Rehabilitation Agencies
 - Easter Seals: P.L.A.Y. Project
 - Eastern Washington University: Child Welfare Training Center
 - Idaho Assn for the Preparation of Early Childhood Mental Health Professionals
 - Consortium for the Preparation of Early Childhood Professionals
 - Early Childhood Coordination Council (EC3)
 - IdahoSTARS (training and assistance to child care providers)

Number of Infants & Toddlers with Autism or Autism Spectrum Disorder, Ages birth through 2 years, who received early intervention services according to IFSP



Current State System: Part B (3-21)

- ▣ Child find, screening, diagnosis, assessment
 - Manual: *Autism Spectrum Disorders: A best practice guide for screening, diagnosis, and assessment* (2005)
- ▣ Intervention
 - Funds Autism Supports Project, Center on Disabilities and Human Development (CDHD)
 - ▣ Systems /school/ district project based on training and collaboration in first cohort Professional Development in Autism 2005-6
 - ▣ Individual supports: coaches support teams to provide high-quality, comprehensive program for students with ASD

Current State System: Part B (3-21)

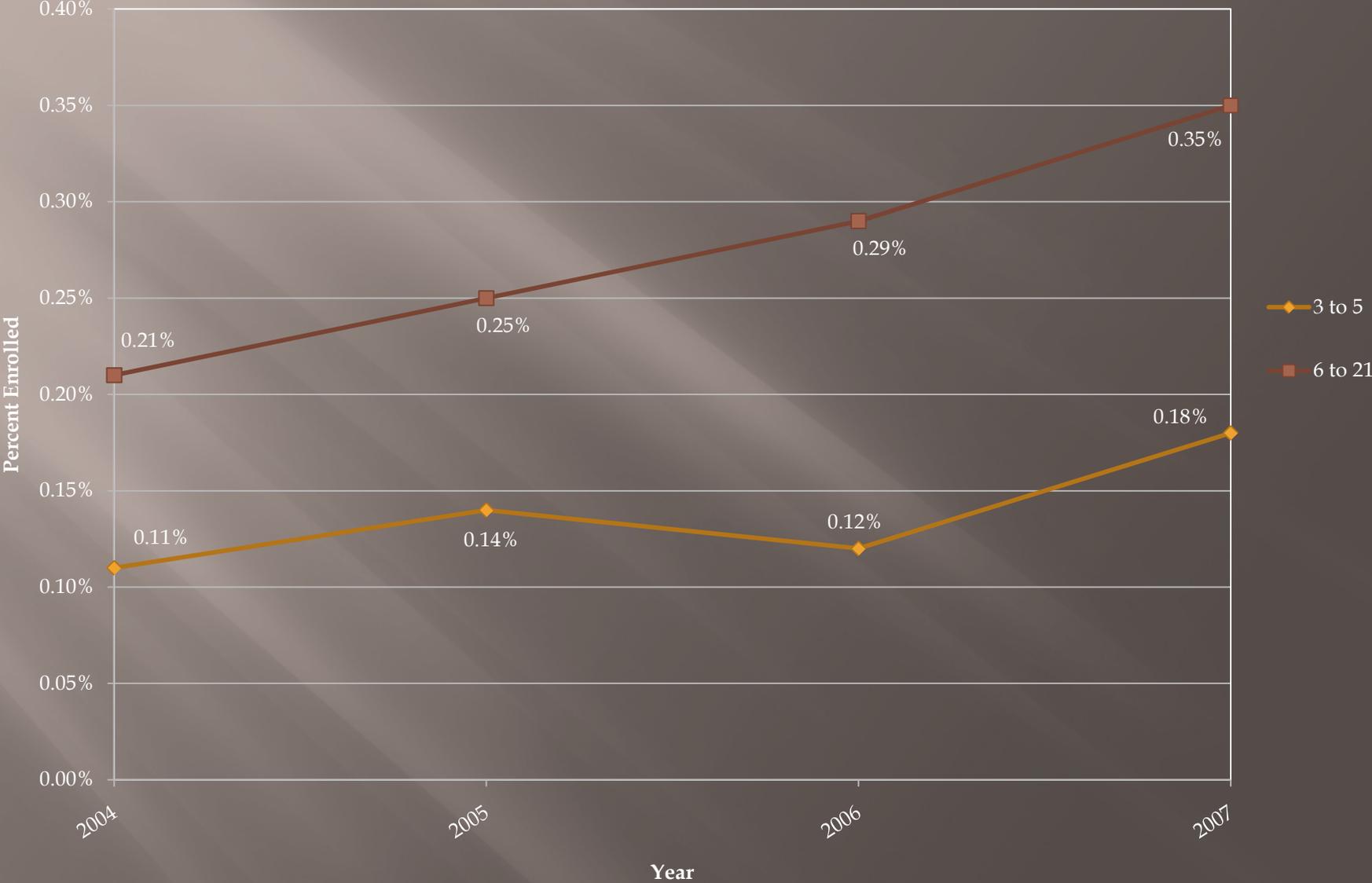
- ▣ Professional development supported through contract with CDHD
 - 5-course Certificate of Completion in Low-Incidence Disabilities/Developmental Disabilities, including courses in curriculum and assessment, AAC, ABA/PBS, *ASD*
 - Online professional development opportunities to supplement coursework and stand alone for team/district training (e.g. Beginning AAC Systems for Persons with ASD, Teaching students with Asperger Syndrome).
- ▣ Some regional training using STAR curriculum (Arrick, 2007): combination of pivotal response, discrete trial, and structured teaching components

Current State System: Part B

- ▣ Current collaborations
 - Idaho Parents Unlimited
 - Developmental Disability Agencies and Psychosocial Rehabilitation Agencies
 - Idaho Assn for the Preparation of Early Childhood Mental Health Professionals
 - Consortium for the Preparation of Early Childhood Professionals
 - Early Childhood Coordination Council (EC3)

Increase in Autism in Idaho

Percent of Public School Enrollment Per Age Group



Supports for Professionals and Families with a member with ASD

- ▣ Autism Society of America: Treasure Valley
- ▣ Idaho Asperger's Support Group
- ▣ Idaho Asperger and Autistic Spectrum Disorders Support Group
- ▣ Idaho Center for Autism
- ▣ Idaho Parents Unlimited
- ▣ Panhandle Autism Society
- ▣ Parent-to-Parent
- ▣ Parents of Exceptional Children
- ▣ Warm Springs Counseling Center

Families with a member with ASD

- ▣ Idaho Parents Unlimited- Idaho parent training and information center
 - Parent leadership development
 - Family-to-Family Health Information Project
 - Creative Access for the Arts
 - Very Special Arts

Private Providers

- ▣ Comprehensive diagnostic, assessment, counseling and intervention services
 - Comprehensive centers for assessment, counseling and intervention
 - Clinical psychologists
 - Developmental pediatricians
- ▣ Physicians with ASD diagnostic specialization
- ▣ Developmental Disability Agencies and Psychosocial Rehabilitation Agencies

Existing Statewide Autism Initiatives/ Resources

▣ Intensive Behavior Intervention

Year	2007	2008	2009
Children accessing IBI service	490	464	462
Children accessing IBI Consultation	415	362	386

Existing Statewide Autism Initiatives/ Resources

- ▣ Medicaid redesign: emphasize the need for children with ASD to receive systematic, structured intervention
 - Respite, support services, intervention, parent training
 - More intensive supports early (e.g. birth-7 years of age)
 - Improved:
 - ▣ eligibility determination
 - ▣ Collaborations among service providers
 - ▣ Clinical oversight of objectives and outcomes
 - ▣ Increased training in EBP

Existing Statewide Autism Initiatives/ Resources

- ▣ Governors council on Developmental Disabilities
- ▣ Interagency Coordinating Committee
 - 2004 Idaho Summit on ASD
 - EC3
- ▣ Conferences/ statewide trainings
 - Early Years
- ▣ Advocacy groups
 - Disability Rights Idaho (state protection and advocacy group)
- ▣ Funding:
 - Medicaid payments for developmental therapy and IBI
 - No dedicated state funding for ASD

Current Challenges and Gaps

- ▣ Geographic, linguistic, socio-economic and/or cultural diversity
 - Rural-remote state limits access to services
 - increasing linguistic/cultural diversity and need for culturally competence for providers
- ▣ Legislation
 - No current legislation regarding ASD supports/services

Current Challenges and Gaps

▣ Funding

- Part C significant holdbacks
- Part B flow-through funding stable
- Reductions threaten federal match dollars
- Insurance
 - ▣ Blue Cross 1-8-2010 indicated a new policy
 - No payment for any services that are developmental or psychosocial (skill building) in nature
 - Rationale is that autism has no cure/is a chronic condition that cannot be treated successfully

Current Challenges and Gaps

- ▣ Coordination across agencies
 - Comprehensive early screening and referral from primary health care providers
 - Comprehensive personnel development and supports for intervention
 - ▣ Enhanced coordination across public and private agencies
 - Insufficient numbers of knowledgeable and qualified personnel
 - Services remain in silos- more difficult for families to negotiate the maze of services and providers

Current Challenges and Gaps

▣ Personnel

- ▣ Few pediatricians or family practice physicians with expertise in early identification and treatment
- ▣ Few clinical psychologists or counselors trained in early identification and treatment
- ▣ Inadequate funding to increase numbers of personnel
- ▣ Educational personnel (both teachers and related services personnel) may have training in only some intervention techniques, not in building a comprehensive EBP educational program across age ranges birth- adulthood

Looking Towards the Future



IDAHO Vision Statement

VISION STATEMENT 2010

- ▣ From initial phone conference:
- ▣ Develop a comprehensive, coordinated system of care to assist individuals with ASD to meet their potential

Goals of the Idaho Summit on Autism Spectrum Disorders 2003-2004

- ▣ Vision: Develop a more coherent and comprehensive statewide service system for children with autism spectrum disorders and their families
- ▣ Diagnosis and Assessment: Children with ASD are correctly screened, assessed, diagnosed in all critical areas at the earliest possible age
- ▣ Effective Interventions: Individuals with ASD and their families will receive research-based interventions that meet their specific needs and based on their ages and cognitive abilities.

Goals of the Idaho Summit on Autism Spectrum Disorders 2003-2004

- ▣ Family Involvement: Parents will have increased opportunity and choice to participate as an equal partner in the delivery and implementation of plans for their children.
- ▣ Public Policy: Children with ASD and their families receive continuous, coordinated services, supported by public policy, from the time of initial diagnosis and for as long as needed.

Goals of the Idaho Summit on Autism Spectrum Disorders 2003-2004

- ▣ Personnel Preparation: All personnel who impact the delivery and provision of services to children and youth with ASD have adequate knowledge, skills, and abilities to support increased success for children with ASD in the home, school, and community
- ▣ Research: Create a research subcommittee of the Idaho Policy Council on ASD that ensures the Council recommends implementation of evidence-based practices in ASD

Looking towards the future: January 2010

- ▣ Coordinated early identification, screening and referral across agencies, private medical care providers
- ▣ Comprehensive, coordinated system of care across home, school, community settings
- ▣ Increase public health advocacy, education and research (Whitney, T., Hedges, D., Brown, B., and Jarrett, B. (2008). A Comparison between specific autism-spectrum disorders according to Clinical and Demographic Factors in Children, Adolescents, and Young Adults. *Journal of Therapeutic Schools and Programs (JTSP)*, 3, 1, 98-115.
- ▣ Improved and more coordinated professional development